

I'm Chef Akila, an Indian grandma living in Yorkshire. I've been cooking <u>real</u> Indian food for over 60 years.

Morking with doctors and nutritionists, I've made each recipe healthler and delicious.

If it isn't good enough for my grandchildren it doesn't leave my kitchen. Enjoy the same wholesome meals that I make for my family.

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#### Combo Meals for One

Lamb Curry Combo Meal 🐠	£8.95
Lamb & Spinach Curry with Nutty Lemon Rice.	
Butter Chicken Combo Meal 🐠	£7.95
Delhi Butter Chicken with Ghee Rice in a generous sized pack.	
Spicy Chicken Biryani Meal	£7.45
Spicy Chicken Sukka with our Kuska Biryani Rice.	
Chicken Korma Combo Meal 🌶	£7.45
Kashmiri Chicken Korma with Coconut & Cashew Rice.	
Prawn Curry Combo Meal 🐠	£8.95
Authentic Kannur Prawn Curry with our Ghee Rice.	
Vegetable Biryani Combo Meal Megetarian	£7.45
Wholesome Vegetable Biryani with Delicious Chettinad Curry Sauce.	



#### GIFT VOUCHERS & GIFT ORDERS

Gift someone the most awarded Indian meals in the U.K. You can order for someone or send our electronic gift vouchers.



#### OVEN-READY PARTY PACKS

Our best-sellers are available in larger party packs to serve 8-10 people. Whether you have family around or catering for a party, just heat our meals and serve.



Order Online at WWW.CHEFAKILA.COM Contact Us: Call us on 01535 666596. Email: chef@chefakila.com



### HOME MADE CURRIES & BIRYANIS

Winner of 55 Great Taste Awards





Much Healthier than Takeaways No Nasty Oils or Chemicals

All Natural Ingredients

### FRESHLY FROZEN & DELIVERED

Just Heat-up & Enjoy Deliciously Healthy Meals in Minutes







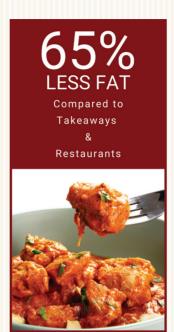
### Yorkshire Farm Chicken Curries

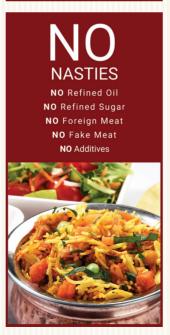
Delhi Butter Chicken 🥒 The Real Tikka Masala from Delhi. Our best-seller.	Serves 2	£11.95
Kashmiri Chicken Korma Ancient recipe from a Royal Kitchen.	Serves 2	£11.95
Village Chicken Curry  Recipe from South Indian village. Rustic and health		£11.95
Goan Chicken Curry  Mild, tangy and flavoursome curry from Goa.	Serves 2	£11.95
Chettinad Chicken Curry Quintessential South-Indian delicacy.	Serves 2	£10.95
Pepper Chicken Curry (Spicy, home-style curry from Kerala.	Serves 2	£10.95
Chicken Sukka Roast Mot & spicy dry curry. Ideal as starter or side.	Serves 2	£8.95

### Slow-Cooked Lamb Curries

Grandma's Lamb Curry	Serves 2	£12.95
Our Grandma's recipe, made with Yorkshire Lamb	),	
Lamb & Spinach Curry 🤌	Serves 2	£12.95
The famous Saag-Gosht, made healthy.		
Bombay Lamb Keema 🔰	Serves 2	£9.95
Beach-side delicacy from Mumbai.		

Traditional Biryanis & Rice				
Royal Lamb Biryani	Serves 2	£10.95		
400-year old recipe with juicy Yorkshire lamb.				
Kerala Chicken Biryani	Serves 2	£9.95		
Our secret recipe with boneless chicken. Party favourite.				
Chennai Vegetable Biryani	Serves 2	£9.95		
Authentic Chennai style Biryani, made healthier.				
Wedding Biryani Rice M Vegetarian	Serves 2	£5.95		
Enjoy the traditional biryani taste with any meal.				
Malabar Ghee Rice / Vegetarian	Serves 2	£5.95		
Home-made ghee, warming spices and the finest Basmati.				
Nutty Lemon Rice / VEGAN	Serves 2	£4.95		
Fresh lemon juice, Basmati, nuts and traditional tempering.				
Coconut & Cashew Rice J VEGAN	Serves 2	£4.95		
Organic coconut, finest Basmati and nutritious cashews.				





#### Seafood

Kannur Prawn Curry 🐠 Serves 2 £.12 95 Fisherman's family recipe. Organic coconut & King prawns.

#### Meat-free Delicacies

Paneer Butter Masala Vegetarian Serves 2 £10.95 Popular Punjabi delicacy. Cottage cheese in buttery tomato curry.

Vegan Tikka Masala 🥒 VEGAN Serves 2 £9.95 Healthier version of a classic, with chickpeas and cauliflower.

Serves 2 £8.95 Kadala Curry J VEGAN Traditional black chickpea curry with organic coconut.

Akila's Black Dal Vegetarian Serves 2 £7.95 India's soul food. Creamy, smoky and comforting.

Madras Potato Sambar Wegetarian Serves 2 £7.95 Traditional lentil and vegetable curry that's our family staple.

## Scrumptious Sides & Dal

Chicken 65 (Starter) Serves 2 £7.95 Legendary boneless fried chicken from Madras.

Aubergine Gothsu **J** VEGAN Serves 2 £7.95 Traditional side dish with mashed aubergines and potatoes.

Spinach Dal Kootu 💋 VEGAN Serves 2 £ 6.95 Organic coconut, spinach and mung dal, Kerala style.

Five Lentil Dal Vegetarian Serves 2 £ 6.95 5 different lentils with home-made ghee. Wholesome.

Carrot & Beans Porival J VEGAN Serves 2 £ 6.95 Carrots and green beans stir-fried with coconut and authentic spices.

Mum's Masala Potatoes **J** VEGAN Serves 2 £ 6.50 Scrumptious side. Family recipe with semi-mashed potatoes & onions.

# All-in-One Curry Sauces Make curries, use as a dip or marinade.

Real Tikka Masala Sauce Vegetarian Serves 4 £5.95 Fisherman's Curry Sauce J VEGAN Serves 4 £5.95 Chettinad Curry Sauce J VEGAN Serves 4 £5.95 Kashmiri Korma Sauce / Vegetarian Serves 4 £5.95

# Just **Heat & Eat**

Delivered Frozen **Fully Cooked** 

> No Mess No Waste









